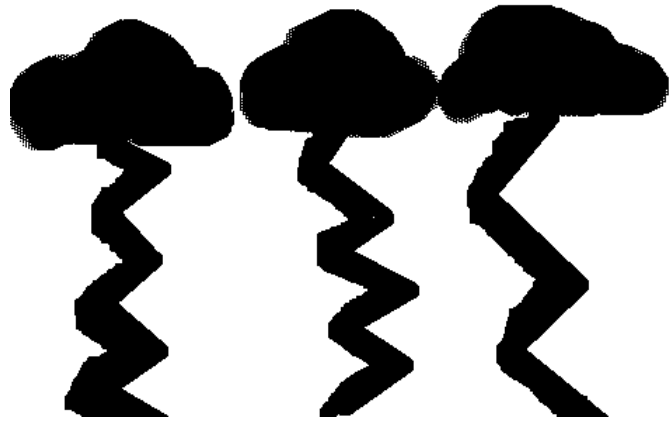


One child's graphic testimony



At start of sessions



At end of sessions

Think Children



Enabling children to make positive choices

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Who are Think Children?



Think Children offers early help for children aged 4-11 with emerging emotional, social and/or behavioural issues. Parent/carers have told us that *“Nobody wants to know until it’s too late!”*

We work with children often struggling to cope with a wide range of issues such as relationship difficulties, parental separation, bullying, bereavement, domestic violence and low self-esteem. Our aim is to make the service as accessible, inclusive and non-stigmatising as possible.

Each child is offered one-to-one sessions that enable them to use the imaginary world of play to release pent-up emotions, clarify how they see their situation and move on with new coping skills.

What are the benefits of our service?

- Increased confidence/self-esteem
- Belief that a child can take responsibility for their own actions even when living in challenging circumstances
- Emotional resilience/understanding that they can cope with adversity
- Able to reflect on situations rather than reacting inappropriately
- Helps children to engage in education, meaning better training/employment prospects as young people
- Develops positive relationships
- Bridges the gap between home and school life

What Our Service Users Say

“Think Children gives my child the chance to talk to an adult in confidence who isn’t a friend, relative, or teacher, perhaps helping her feel more comfortable to discuss things she may not otherwise want to talk about.”

“We have used Think Children for a number of years now. We believe that it is an invaluable service providing support for our children that we cannot always provide ourselves.”

“As a school we are glad to have someone available to us whose job it is to help our children explore their feelings. The fact that these few children are feeling happier has an impact on the whole life of the school.”

“The service provides social and emotional support for children at early intervention stage before needs develop into behavioural difficulties, or mental health difficulties.”

“I have learnt that I can tell people how I feel.”

Our Positive Impact

In 2015/2016 Think Children supported **378** children in Nottinghamshire and Nottingham City, delivering **4576** sessions in a total of **60** schools.

Statistics show that the majority of children continue to show improvement three months after the sessions have ended, demonstrating that these are fundamental, long-lasting changes that can help a child reach their full potential.

For more information on our service, please call 01636 676887 or email think.children@tiscali.co.uk.

To make a referral please contact the SENCo in the child’s primary school or please call Think Children’s Quality Assurance Manager, Chris Maxwell, on 07773 930603.